





# BLAGGER IRRIGATION
















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## Introduction



*This procedure may only be performed via an indwelling urinary catheter. It is usually performed to remove clots or debris that may be wholly or partially blocking the catheter. The following items will be required:*

-  *One small lotion bowl*
-  *Urine drainage bag*
-  *Disposable bladder washout as prescribed by the GP and recorded in the care plan, e.g. urotainer (100ml) chlorhexidine sodium chloride acid (Suby G).*

## Procedure:

-  Explain the procedure to the individual and gain their consent
-  Maintain their dignity and privacy: turn back bed clothes and cover the individual with a blanket
-  Put on apron to reduce the risk of cross-infection
-  Place container of bladder washout solution in a jug of warm water so that the solution will be at body temperature
-  Wash hands thoroughly and put on gloves
-  Detach catheter from drainage bag by gently rolling end of the catheter back and pulling apart
-  Dispose of catheter bag in clinical waste bag, after emptying and recording, if required, any urine
-  Attach bladder washout to catheter and allow the contents to drain into the bladder by holding in a raised position
-  Use the clip provided on the bladder washout to “clip off” the washout so that contents remain in the bladder for 30 seconds (check type used) then release so that the contents returned can be examined
-  Disconnect bladder washout from catheter
-  Connect new drainage bag to catheter
-  Remove gloves and apron; wash hands
-  Remove all equipment and make the individual comfortable
-  Record and report the result in the individual’s daily review of care
-  In the event of the catheter remaining partially or wholly blocked refer either to the nurse in charge or the district nurse for re-catheterisation.

## Further Guidance

-  *NICE guidelines [CG139] Published date: March 2012- Infection: Prevention and control of healthcare-associated infections in primary and community care*
-  *NICE quality standard [QS61] Published date: April 2014 - Infection prevention control*